



TILAK MAHARASHTRA VIDYAPEETH

Declared as Deemed to be University Under Section 3 of UGC Act 1956

Reaccredited by NAAC with 'B++' Grade

ISO 21001 : 2018 Certified



Department of Social Work



SYLLABUS



TILAK MAHARASHTRA VIDYAPEETH

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MSW I YEAR, SEMESTER –II

28 CP 201 SOCIAL GROUP WORK (04 CREDITS)

Name of the Program: Master of Social Work (MSW)

Program Code: 028

Year of Introduction: 2024-25

Year	I	
Semester	II	
Name of the Course	SOCIAL GROUP WORK	
Course Code	28 CP 201	
Paper No	1	
Marking Scheme	Semester End Exam	Continuous evaluation
	External : 60 Marks	(INT): 40 marks
	Passing : 30 Marks	Passing:20 marks
CREDITS – MARKS	Total: 04 credits	Total Marks : 100 Passing : 50
TEACHING HOURS	Theory: 04 (Hrs per wk)	

COURSE OBJECTIVES :

1. To acquaint the students with the basics of Group Work in Social Work
2. To educate students on the various theories related to Group Work.
3. To introduce the students with the process as well as models in Group Work
4. To make the students aware about various settings for Group Work Practice

COURSE OUTCOMES :

- CO- 1.** Develop knowledge about group and group work.
- CO -2.** Understand the theories of Group Work and Group Dynamics.
- CO -3.** Develop the knowledge about process of Group Work.
- CO-4.** Prepare the students to practice and evaluate group work in social work practice.
- CO -5.** Build capacity to deal with group in various settings, including developmental and work.



COURSE DETAILS :

CHAPTER-I: INTRODUCTION TO GROUP WORK

(10 Hours)

1. Group- meaning, definition, characteristics and purpose.
2. Group work: Nature, Definition and Objectives, Assumptions, Values,
3. Function and Principles of Working with Groups.

CHAPTER-II: THEORIES OF GROUP WORK AND GROUP DYNAMICS (12 Hours)

1. Theories for Group Work Practice:
2. Dynamics of groups,
3. Group Development.

CHAPTER-III: GROUP WORK PROCESS AND SKILLS

(12 Hours)

1. Social group work process- group formation, assessment, formulation of objectives, planning, action and termination.
2. Stages of group development
3. Essential Skills for Group Work

CHAPTER-IV: MODELS , APPROACHES AND RECORDINGS OF GROUP WORK

(14 Hours)

1. Models of group work- 5
2. Approaches in Group work 5
3. Recordings in Group Work -4

CHAPTER-V: APPLICATION OF GROUP WORK

(12 Hours)

1. Various settings of Group Work
2. Role of Social Group Worker
3. Limitations of Group Work Practice



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Reference Books List :

1	080401	Capuzzi, David.	Introduction to group work
2	080404	Zastrow, Charles H.	Evaluating social work practice
3	080405	Sheldon Brian	Textbook of social work
4	080407	Doel Mark	Using groupwork
5	066150	Iqbal, Shaikh Azhar.	Principles and practices of Social work.
6	070927	Keyton, Joann	Communicating in groups
7	070934	Katare, P. M.	Training for social work. (Vol.1)
8	071135	Corey, Gerald	Theory and practice of group counseling
9	079138	Siddiqui, H.Y.	Group work
10	079142	Payne, Malcolm.	What is professional social work
11	079147	Oko, Juliette.	Understanding and using theory in social work
12	080410	Devi Ranjna K	Encyclopedia of social work
13	084324	Bhattacharya, Sanjay.	Social Work.
14	070227	Ed by Garvin, Charles D.	Handbook of social work with groups



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MSW I YEAR SEMESTER-II

28 CP 202 Community Organization And Social Action (04 credits)

Name of the Program: Master of Social Work (MSW)

Program Code: 028

Year of Introduction: 2024 -25

Year	I	
Semester	II	
Name of the Course	COMMUNITY ORGANISATION AND SOCIAL ACTION	
Course Code	28 CP 202	
Paper No.	2	
Marking Scheme	Semester End Exam	Continuous Evaluation
	External : 60 Marks	(INT) 40 Marks
	Passing : 30 Marks	Passing : 20 Marks
CREDITS - Marks	Total : 04	Total Marks 100
Teaching Hours	Theory : 04 (Hours per week)	
		Passing: 50

COURSE OBJECTIVES:

1. To provide knowledge about the community organization and its importance in social work field.
2. To orient about characteristics and significance of community organization .
3. To provide exposure on group work methods in social work field.
4. To help the student to learn community organization as a method.

COURSE OUTCOME:

CO- 1. To understand the community organization as a method of social work .

CO -2.To know the process of community organization in Current socio- economic situation.

CO- 3. To remember the social action as a secondary method of social work.

CO- 4. To enhance the understanding of the roles of community organizer and the agencies for
Community organization .

CO -5. To apply the models and strategies for community organization.



COURSE DETAILS:

CHAPTER-I: COMMUNITY ORGANISATION AS A METHOD OF SOCIAL WORK (08 Hours)

- 1.1 Historical review of community organization
- 1.2. Conceptual framework of Community organization (Meaning, concept and definition)
- 1.3. Principles & Approaches

CHAPTER-II: MODELS & TECHNIQUES OF COMMUNITY ORGANIZATION (08 Hours)

- 2.1. Jack Rothmans model of Community Organization and Indian Model of Community organization.
- 2.2. Techniques of Community Organization (PRA, Capacity Building, Leadership & Networking)
- 2.3. Recording in Community Organization (Community Mapping / Profile, Process Recording)

CHAPTER-III: COMMUNITY ORGANISATION AS A PARA – POLITICAL PROCESS (12 Hours)

- 3.1. Concept and sources of power
- 3.2. Perspectives of power relevant to Caste, Class Religion and Gender in Community Organization.
- 3.3. Community Empowerment: Concept & Strategies.

CHAPTER-IV: SOCIAL ACTION (12 Hours)

- 4.1. Conceptual Framework (Meaning, concept Definition) and History of Social action in India.
- 4.2. Right based approach.
- 4.3. Forms & Strategies of Social action

CHAPTER-V: COMMUNITY ORGANISATION PRACTICE IN VARIOUS SETTINGS (08 Hours)

- 5.1. Institutional settings.
- 5.2. Non – Institutional settings.
- 5.3. Relevance of Community Organization with Corporate Social Responsibility.



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Reference Books List :

1.	066190	Govinda, R.	Community participation and empowerment in primary education
2.	071130	Irene, Guijt	Myth of community
3.	079140	Patel, Chhaya	Social work practice
4.	080406	Payne Malcolm	What is professional social work
5.	084176	Tanksale, Prajakta	Vyavasaik samajkarya paddhat
6.	084276	Singh, Krishna Kant	Social work and community development
7.	089024	Joseph, Sheeba	Community organization in social work
8.	089336	Gunjal, Vishnu Ramdas.	Panchayatraj
9.	091338	Tankasale, Prajakta	Vyavsaik samajkarya
10.	094160	Shinde, Devanand.	Social work
11.	095548	Sujatha, A.S.	NGO and social development
12.	095939	Lal Das, D.K.	Practice of Social research
13.	096598	Ghatole, R. N	Grameen samujshastra va samudail vikas
14.	096640	Chhetri, Hariprasad	Panchayati raj system and development planning
15.	099674	Kare, Bibhishan	लोकसहभाग आणि ग्रामीण विकास
16.	103707	Gaur, Kusum lata	Community medicine



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MSW I Year, SEMESTER –II

28 CP203 PERSONAL AND PROFESSIONAL DEVELOPMENT

(04 CREDITS)

Name of the Program: Master of Social Work (MSW)

Program Code: 028

Year of Introduction: 2024-25

Year	I	
Semester	II	
Name of the Course	Personal and Professional Development	
Course Code	28 CP203	
Paper No	3	
Marking Scheme	Semester End Exam	Continuous evaluation
	External : 60 Marks	(INT): 40 marks
	Passing : 30 Marks	Passing:20 marks
CREDITS – MARKS	Total: 04 credits	Total Marks : 100 Passing :50
TEACHING HOURS	Theory: 04 (Hrs per wk)	

COURSE OBJECTIVES :

1. To acquaint students about self awareness.
2. To learn communication skills students dynamics of family systems in India.
3. To develop the sense of creativity among the students.
4. To learn the importance values in personal and professional life.

COURSE OUTCOMES :

CO- 1 Apply communication skill in their personal and professional life.

CO- 2. Analyze self concept and its relevance with creativity.

CO- 3. Develop commitment towards values in professional values.



COURSE DETAILS :

CHAPTER-I: SELF AWARENESS

(15 Hours)

- 1.1 Understanding of Self Concept
- 1.2 Self Knowledge
- 1.3 Self Image
- 1.4 Factors affecting to self
- 1.5 Johari Window
- 1.6 SWOT analysis and personal development

CHAPTER-II: COMMUNICATION

(15 Hours)

- 2.1 Introduction to communication
- 2.2 Concept definition, purpose and process
- 2.3 Types of Communication
- 2.4 Principles of communication

CHAPTER-III: CREATIVITY

(15 Hours)

- 3.1 Concept and Definition
- 3.2 Characteristics of creativity
- 3.3 Skills in creativity
- 3.4 Factors of creativity
- 3.5 Development of creativity

CHAPTER-IV: VALUE EDUCATION

(15 Hours)

- 4.1 Meaning, concept, definition
- 4.2 Value and Choice
- 4.3 Commitment to values
- 4.4 Source and classification of Values
- 4.5 Social Growth and Values



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Reference Books List:

1	066128	Sharma, O.P.	Personality types of substance abusers
2	077743	Giri, Ananta Kumar	Self-development and social transformations
3	086726	Segal, Elizabeth A..	Professional social work
4	095239	Ponnuswami, Ilango.	Professional social work
5	095544	Rathod, Sudam.	Skill training for social workers
6	095586	Sardar, Niranjankaur.	Personnel and professional development for social work
7	100530	Singh, A. K.	Profession in Social work: An Introduction
8	106071	Tayade,Nitin	Professional social work theoretical base
9	106081	Banasode,Chandrashekhar C.	Skills of social work
10	066128	Sharma, O.P.	Personality types of substance abusers
11	077743	Giri, Ananta Kumar	Self-development and social transformations
12	086726	Segal, Elizabeth A..	Professional social work
13	095239	Ponnuswami, Ilango.	Professional social work
14	095544	Rathod, Sudam.	Skill training for social workers
15	095586	Sardar, Niranjankaur.	Personnel and professional development for social work
16	100530	Singh, A. K.	Profession in Social work: An Introduction



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M.S.W. I YEAR, SEMESTER –II

28 FCW201 FAMILY DYNAMICS AND FAMILY LIFE EDUCATION (04 CREDITS)

Name of the Program: Master of Social Work (MSW)

Program Code: 028

Year of Introduction: 2024

Year	I	
Semester	II	
Name of the Course	Family Dynamics and Family Life Education	
Course Code	28 FCW201	
Paper No	4	
Marking Scheme	Semester End Exam	Continuous evaluation
	External : 60 Marks	(INT): 40 marks
	Passing : 30 Marks	Passing:20 marks
CREDITS – MARKS	Total: 04 credits	Total Marks : 100 Passing :50
TEACHING HOURS	Theory: 04 (Hrs per wk)	

COURSE OBJECTIVES :

1. To acquaint students with dynamics of marriage.
2. To sensitize students dynamics of family systems in India.
3. To make the students aware of same pertinent contemporary issues that affects the quality of life of individual families and community.

COURSE OUTCOMES:

- CO- 1. Understand the demographic characteristics of Indian and global population
- CO- 2. Develop the knowledge about human sexuality and sexual health.
- CO- 3. Understand the different areas of family life education.
- CO- 4. Acquire knowledge about the curriculum development for family life education.



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COURSE DETAILS :

CHAPTER-I : CONCEPTUAL FRAMEWORK OF FAMILY AND THEORIES (10 Hours)

1. Origin and evolution of Family
2. Family as social Institution
3. Traditional and changing functions, types and role of Family
4. Family System Theory, social exchange theory, Ecological

CHAPTER-II : MARRIAGE AS AN INSTITUTION (06 Hours)

1. Definition of marriage
2. Need of marriage
3. Types of marriage
4. Changes and challenges in marriage

CHAPTER-III: LIFE SPAN APPROACHES IN UNDERSTANDING FAMILY (10 Hours)

1. Concept and Goals of Family Life Cycle
2. Stages in family life cycle
3. Concept, significance and objectives of Population Policy and Population Education

CHAPTER-IV: FAMILY LIFE EDUCATION (10 Hours)

1. Premarital education
2. Planned and responsible parenthood
3. Family health, Marriage and family relationship
4. Concept of human sexuality and sexual health, Significance, objectives and content of sex education for various age groups

CHAPTER-V: CURRICULUM DEVELOPMENT FOR FAMILY LIFE EDUCATION (12 Hours)

1. Steps in developing curriculum- need assessment
2. Preparation and planning of modules, preparation Audio-visual aids for program, evaluation, follow up
3. Qualities and skills required for family life education.



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Reference Books List :

1	065953	Sharma, Satish K.	Social structure and fertility behavior
2	066146	Kaila, H.L.	Women , work and family
3	066180	Rajadhyaksha, Ranjit	Encyclopedia of Social problems and social change vol. I
4	066181	Rajadhyaksha, Ranjit	Encyclopedia of Social problems and social change vol. I
5	066182	Rajadhyaksha, Ranjit	Encyclopedia of Social problems and social change vol. I
6	066183	Rajadhyaksha, Ranjit	Encyclopedia of Social problems and social change vol. I
7	066184	Rajadhyaksha, Ranjit	Encyclopedia of Social problems and social change vol. I
8	069250	Kumar D	Social work, children, malnutrition and families
9	069252	Kumar D	Social work feminine society
10	077732	Aggarwal J.C	Population Education
11	077744	Nadarajah, M.	Urban crisis
12	077746	Chowdhury, Aparajita	Family life Education in India.
13	077902	Sahashrabudhe, Anuradha.	Laingik shikshan margdarshika
14	077903	Sahashrabudhe, Anuradha.	Laingik shikshan margdarshika
15	079141	Myers, Steve.	Sexual issues in social work
16	079148	Jowitt, Maureen	Social work with children & families
17	080409	Devi, Ranjna K	Encyclopedia of social work
18	080410	Devi Ranjna K	Encyclopedia of social work
19	080411	Devi Ranjna K	Encyclopedia of social work
20	080412	Devi Ranjna K	Encyclopedia of social work
21	084277	Singh, Krishna Kant	Social work and family intervention
22	084279	Singh, Krishna Kant	Encyclopedia of social work in 21st century
23	084280	Singh, Krishna Kant	Encyclopedia of Social Work in 21st century
24	084281	Singh, Krishna Kant	Encyclopedia of social work in 21st century



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25	084282	Singh, Krishna Kant	Encyclopedia of Social Work in 21st century.
26	084283	Singh, Krishna Kant	Encyclopedia of Social Work in 21st century
27	084323	Singh, Krishna Kant	Social work and family intervention
28	087292	Apte, J.S.	Kutumbniyojan karyachi 60 varsha
29	089318	Deshapande, Ketaki.	Vivaha Kayade
30	089345	O'Loughlin, Maureen.	Social Work with Children & Families
31	098907	Kulkarni, Vandana S.	Sur jultana
32	098927	Dandekar, Renu.	Sanwad tarunaishi
33	099777	Kanchole, D. D.	लोकसंख्या आणि विकास
34	100346	Vairagade, Ujwala.	विवाह आणि कुटुंब आधुनिक दृष्टिकोन
35	103947	Motiwala, Pravin.	विवाहाची व्हिवाट
36	106068	Shivalingappa, B. P.	Family and child centered social work



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MSW I YEAR SEMESTER-II

TRUCD 201 INTRODUCTION TO COMMUNITY DEVELOPMENT

(04 CREDITS)

Name of the Program: Master of Social Work (MSW)

Program Code: 028

Year of Introduction: 2024 -25

Year	I	
Semester	II	
Name of the Course	COMMUNITY ORGANISATION AND SOCIAL ACTION	
Course Code	28 CP 202	
Paper No.	4	
Marking Scheme	Semester End Exam	Continuous Evaluation
	External : 60 Marks	(INT) 40 Marks
	Passing : 30 Marks	Passing : 20 Marks
CREDITS - Marks	Total : 04	Total Marks 100
		Passing: 50
Teaching Hours	Theory : 04 (Hours per week)	

COURSE OBJECTIVES :

1. To provide knowledge about the community organization and its importance in social work field.
2. To orient about characteristics and significance of community organization
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4. To help the student to learn community organization as a method.

COURSE OUTCOME:

CO-1. To understand the community organization as a method of social work

CO-2. To know the process of community organization in Current socio- economic situation.

CO-3. To remember the social action as a secondary method of social work.

CO-4. To enhance the understanding of the roles of community organizer and the agencies for Community organization

CO-5. To apply the models and strategies for community organization.



COURSE DETAILS :

CHAPTER-I: COMMUNITY ORGANISATION AS A METHOD OF SOCIAL WORK (08 Hours)

- 1.1 Historical review of community organization
- 1.2. Conceptual framework of Community organization (Meaning, concept and definition)
- 1.3. Principles & Approaches of community organization

CHAPTER-II: MODELS & TECHNIQUES OF COMMUNITY ORGANIZATION (08 Hours)

- 2.1. Jack Rothmans model of Community Organization and Indian Model of Community Organization
- 2.2 Techniques of Community Organization (PRA, Capacity Building, Leadership & Networking)
- 2.3. Recording in Community Organization (Community Mapping / Profile, Process Recording)

CHAPTER-III: COMMUNITY ORGANISATION AS A PARA – POLITICA PROCESS (12 Hours)

- 3.1. Concept and sources of power
- 3.2. Perspectives of power relevant to Caste, Class Religion and Gender in Community Organization.
- 3.3. Community Empowerment: Concept & Strategies

CHAPTER-IV: SOCIAL ACTION (12 Hours)

- 4.1. Conceptual Framework (Meaning, concept Definition) and History of Social action in India.
- 4.2. Right based approach.
- 4.3. Forms & Strategies of Social action

CHAPTER-IV: COMMUNITY ORGANISATION PRACTICE IN VARIOU SSETTING (08 Hours)

- 5.1. Institutional settings.
- 5.2. Non – Institutional settings.
- 5.3. Relevance of Community Organization with Corporate Social Responsibility.



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1.	066190	Govinda, R.	Community participation and empowerment in primary education
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3.	079140	Patel, Chhaya	Social work practice
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6.	084276	Singh, Krishna Kant	Social work and community development
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9.	091338	Tankasale, Prajakta	Vyavsaik samajkarya
10.	094160	Shinde, Devanand.	Social work
11.	095548	Sujatha, A.S.	NGO and social development
12.	095939	Lal Das, D.K.	Practice of Social research
13.	096598	Ghatole, R. N	Grameen samujshastra va samudail vikas
14.	096640	Chhetri, Hariprasad	Panchayati raj system and development planning
15.	099674	Kare, Bibhishan	लोकसहभाग आणि ग्रामीण विकास
16.	103707	Gaur, Kusum lata	Community medicine



MSW I YEAR, SEMESTER –II

28 MPSW 201 INTRODUCTION TO MEDICAL & PSYCHIATRIC SOCIAL WORK

(04 CREDIT)

Year	I	
Semester	II	
Name of the Course	INTRODUCTION TO MEDICAL & PSYCHIATRIC SOCIAL WORK	
Course Code	28 MPSW 201	
Paper No.	4	
Marking Scheme	Semester End Exam	Continuous Evaluation
	External : 60 Marks	(INT) 40 Marks
	Passing : 30 Marks	Passing : 20 Marks
CREDITS - Marks	Total : 04	Total Marks 100 Passing: 50
Teaching Hours	Theory : 04 (Hours per week)	

COURSE OBJECTIVES :

1. To know historical development of social work in India & other countries.
2. To discuss on current trends in psychiatric development.
3. To provide exposure to legislation & role of social worker.
4. To orient about program and schemes.

COURSE OUTCOME :

- CO-1. Understand The Historical development of social work
- CO-2. Understand current trends in psychiatric development and the importance of rehabilitation strategies in psychiatric development.
- CO-3. Development knowledge and importance of Mental Health Hygiene
- CO-4. To develop knowledge about community health
- CO-5. Understand Narcotic Drug Act 1995 and concept of positive mental health.



CHAPTER – I : HISTORICAL DEVELOPMENT OF SOCIAL WORK IN INDIA & OTHER COUNTRIES. (10 Hours)

- I. Definition, Nature, concept & scope in Medical Social Work.
- II. Role and function of Medical Social Worker in Hospital setting(Example- Disease management, death counseling, Bereavement counseling, long term admission, do not rescue treatment consent, Administration, Discharge planning, coordinating with various agencies.)
- III. Coordination, Fundraising, Psychosocial assessment of Patients, Palliative care treatment and quality treatment for patients.

CHAPTER – II: CURRENT TRENDS IN PSYCHIATRIC DEVELOPMENT (10Hours)

- I. Historical Development of Psychiatric for Social Worker in India & Western countries, current trends in the Indian context, Social Work methods & its application to Psychiatric disorder.
- II. Skill & Techniques of Social Work in the management of Psychiatric patient of their families.
- III. Rehabilitation tools and techniques, new strategies for Rehabilitation, Day care / Half way home facilities for psychiatric treatment.

CHAPTER – III: Mental Health Hygiene and its Aspects (15 Hours)

- I. Mental Health Hygiene & Mental Health characteristics of a mentally healthy person.
- II. Role of Social Worker in promotion of Mental health & prevention of Mental illness, Introduction to mental health act 1987 may be replaced with Mental Health Care Act 2017.
- III. Role of Psychiatric for Social Worker in psychiatric setting (admission procedure, history taking, Intake Sheet, social diagnosis, counseling, discharge planning, follow up, rehabilitation. Role of Psychiatric for Social Worker in AIDS victims, child guidance clinic, Epileptic in the de-addiction center , psychotic patients, Rehabilitation home.

CHAPTER- IV : Community Mental Health (10 Hours)

- I. Definition, Nature, concept & scope for Social Work, Concept of community-based Rehabilitation & its types.
- II. Social & Psychological factors in concept of Rehabilitation.



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III. Mental Health Programs (National mental health programs, District Mental Health Programs, Implementation of Health Programs in various Government and Non-Government Sectors.

CHAPTER - V: - Positive Mental Health

(15Hours)

- I. Concept, nature & scope of Positive Health,
 - a) Stress Management in mental health,
 - b) Coping mechanism in mental health
 - c) Psycho-social assessment in mental health
 - d) Life skill education in mental health – self-awareness, interpersonal relationship, Empathy, Effective communication, creative thinking, decision making, problem-solving, coping mechanism, coping with emotion, coping with stress.
- II. Narcotics, Drug & Psychotropic substance act 1995.
- III. Role of Social Worker implementing the Act.



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Reference Book List :

1	070926	Sharry, John	Counseling
2	077769	Akram, Mohammad .	Health dynamics and marginalized communities
3	081517	Morgan Clifford T	Introduction to Psychology.
4	084542	Sebastine, Anand Jerard.	Health and Social work practices
5	089563	Rao, Narayana S.	Counselling and guidance
6	095251	Ahmad, Shekh Belal.	HIV/AIDS patients and their rehabilitation
7	095588	Dhandapani, C.	Facets of rural health in India
8	095589	Dhandapani, C.	Health issues and challenges
9	096622	Akram, Mohammad	Health dynamics and marginalized communities
10	096840	Dhandapani, C	Health of nations
11	097382	Saxena, K.B.	Health policy and reforms
12	103707	Gaur, Kusum lata.	Community medicine
13	103791	Rajhans, Manasi	अपसामन्यांचे मानसशास्त्र